

Sleep Study Referral

Patient Details

Name: Telephone 1:
 Address: Telephone 2:
 City: State: Postcode: Email:
 Medicare No/DVA No: DOB: Healthfund:

Referring Doctor Details *(all referrals must be signed and dated for medical purposes)

Stamp: Name:
 Provider No:
 Telephone: Fax:
 Address:
 Signature*: Date*: Suburb: Postcode:

Service Requested

Diagnostic Sleep Study - to confirm diagnosis of Obstructive Sleep Apnea and specialist consultation where deemed appropriate by the sleep physician

Clinical history:

Medical Co-Morbidities (Please complete as appropriate)

| | | | | | | |
|------------------------------------|--|----|-----------------|------------|------|---|
| Height (cm) = <input type="text"/> | Type 2 diabetes | AF | Cardiac failure | Stroke/TIA | COPD | Previous sleep study: Yes <input type="checkbox"/> No <input type="checkbox"/> Date: <input type="text"/> |
| Weight (kg) = <input type="text"/> | Other Co-Morbidities: <input type="text"/> | | | | | |
| BMI (kg/m2) = <input type="text"/> | <input type="text"/> | | | | | |

Medicare Guidelines Criteria (STOPBang OR OSA50 AND Epworth Sleepiness Scale Questionnaire)

STOP-Bang¹: A score of ≥ 4 (a score of ≥ 3 accepted after March 1)

| |
|---|
| S – Does the patient S NORE loudly? |
| T – Does the patient often feel T IRED, fatigued or sleep during daytime? |
| O – Has anyone O BERVED the patient stop breathing during sleep? |
| P – Does the patient have or is the patient being treated for high blood P RESSURE? |
| B – Does the patient have a BMI more than 35? |
| A – AGE over 50 years old |
| N – NECK circumference (shirt size) more than 40cm / 16 inches |
| G – Is the patient a M ALE? |
| Each question is 1 score |
| TOTAL score <input type="text"/> |

OSA50²: A score of ≥ 5

| | |
|----------------------|--|
| O Obesity (3) | Waist circumference: Male >102cm or Female >88cm |
| S Snoring (3) | Has your patient's snoring ever bothered other people? |
| A Apnea (2) | Has anyone noticed that your patient stopped breathing during sleep? |
| 50 (2) | Is your patient aged 50 years or over? |
| () = score | TOTAL score <input type="text"/> |

or

and

Epworth Sleepiness Scale³ Questionnaire: A score of ≥ 8

| Scenario | Tick one score for each scenario | | | |
|---|----------------------------------|---|---|----------------------|
| | 0 | 1 | 2 | 3 |
| Sitting and reading | | | | |
| Watching television | | | | |
| Sitting inactive in a public place (eg. theatre or meeting) | | | | |
| As a passenger in a car for an hour without a break | | | | |
| Lying down in the afternoon when circumstances permit | | | | |
| Sitting and talking to someone | | | | |
| Sitting quietly after lunch without alcohol | | | | |
| In a car, while stopped for a few minutes in traffic | | | | |
| TOTAL SCORE (add up total responses) | | | | <input type="text"/> |

For the 8 situations in the table below, how likely is the patient to doze off or fall asleep, in contrast to feeling just tired? Even if the patient has not done some of these things recently, ask them how the situations *would have* affected them.

Use the following scale to choose the most appropriate number for each situation:

0 = Would never doze, 1 = slight chance of dozing, 2 = moderate chance of dozing, 3 = high chance of dozing. Then total the scores.

¹ Chung F et al Anaesthesiology 2008 & Br J Anaesth 2012;

² Chai-Coetzer CL et al Thorax 2011;

³ Johns M Sleep 1991

Australia's Largest Facilitators of Diagnostic Sleep Studies

About Us

Air Liquide Healthcare is Australia's largest facilitator of sleep diagnostics, treatment and patient management services for patients with sleep apnea. Our sleep technicians facilitate the sleep testing process on behalf of an independent sleep physician.

For more information on sleep apnea and sleep studies, please visit us online at: www.sleepsolutionsaustralia.com

| NSW | | | |
|----------------------|---|-------|------|
| Suburb | Street | State | PC |
| Albury 525 | David Street | NSW | 2640 |
| Barham | Suite 3, Barham Plaza, 5-9 Mellool Street | NSW | 2732 |
| Bathurst | 105 Keppel Street | NSW | 2795 |
| Baulkham Hills | Room 4, Suite 8/Lvl 3, The Hills Hospital, 499 Windsor Road | NSW | 2153 |
| Bega 61 | Parker Street | NSW | 2550 |
| Beresfield | 4 Kullara Avenue | NSW | 2322 |
| Bogangar | 32 Grasstreet Circuit | NSW | 2488 |
| Bondi Junction | 2/108 Bronte Road | NSW | 2022 |
| Broken Hill | Shop 4/5, Corner Gossan Street & South Road | NSW | 2880 |
| Camden | Shop 3/1-15 Murray Street Camden | NSW | 2570 |
| Campbelltown | 4/11 Patrick Street | NSW | 2560 |
| Canterbury | 10/2A Charles Street | NSW | 2193 |
| Carlingford | 10 Freestone Avenue | NSW | 2118 |
| Charlestown | Shop 1028 Charlestown Square, 30 Pearson Street | NSW | 2290 |
| Coffs Harbour | Unit 2/84-90 Industrial Drive | NSW | 2450 |
| Deniliquin | 2 Macauley Street | NSW | 2710 |
| Dubbo | 215A Brisbane Street | NSW | 2830 |
| Echuca | 179/177-183 Annesley Street | NSW | 3564 |
| Erina | Shop 343/344, Erina Fair Shopping | NSW | 2250 |
| Erskine Park | Erskine Shopping Village | NSW | 2759 |
| Finley | 75 Tongs Street | NSW | 2713 |
| Forbes | | NSW | 2871 |
| Glenmore Park | Town Terrace | NSW | 2745 |
| Gledswood Hills | Gregory Hills Drive | NSW | 2557 |
| Goulburn | Goulburn Square, Auburn Street | NSW | 2580 |
| Griffith | 134 Kookora Street | NSW | 2680 |
| Henty | 8 Ivor Street | NSW | 2658 |
| Hornsby | Suite 13/100 Balmoral Street | NSW | 2077 |
| Inverell | 138 Old Bundarra Road | NSW | 2360 |
| Katoomba | 3 Woodlands Road | NSW | 2780 |
| Lakemba | 96 Haldon Street | NSW | 2190 |
| Leeton | 81 Kurrjong Avenue | NSW | 2705 |
| Leura | 1 Grose Street | NSW | 2780 |
| Liverpool | Macquarie Street | NSW | 2170 |
| Miranda | 94 Kiora Road | NSW | 2228 |
| Mittagong | Shop 7/2-4 Bowral Road | NSW | 2575 |
| Moama | 2 Perricoota Road | NSW | 2731 |
| Moonee Beach | Shop 10, Moonee Beach Shopping Center | NSW | 2450 |
| Mudgee | 91 Church Street | NSW | 2850 |
| Moorebank | Moorebank Shopping Village | NSW | 2170 |
| North Boambee Valley | Unit 2/84-90 Industrial Drive | NSW | 2450 |
| Nowra | 1/43 Berry Street | NSW | 2541 |
| Orange | Unit 1, 155 Dalton Street | NSW | 2800 |
| Parkes | 91 Clarinda Street | NSW | 2870 |
| Parramatta | Phillip Street | NSW | 2150 |
| Penrith | Lemongrove Suites, Suite 3/23 The Crescent | NSW | 2750 |
| Port Macquarie | Bellbowrie Park Business Centre, 5/10 Bellbowrie Street | NSW | 2444 |
| Redfern | 1/147-151 Redfern Street | NSW | 2016 |
| Richmond | 86 Lennox Street | NSW | 2753 |
| Shoal Bay | 59 Shoal Bay Road | NSW | 2315 |
| South Grafton | Shop 4/94 Bent Street | NSW | 2460 |
| St Clair | St Clair Shopping Centre | NSW | 2759 |
| St Ives | 29 Athena Avenue | NSW | 2075 |
| Sydney | 1/175 Liverpool Street | NSW | 2000 |
| Temora | 225 Hoskins Street | NSW | 2666 |
| Tumbarumba | 69 Murray Street | NSW | 2720 |
| Tumut | 91-93 Wynard Street | NSW | 2720 |
| Ulladulla | Phillips Centre Shop 6, Princes Hwy | NSW | 2539 |
| Wagga | Wagga | NSW | 2650 |
| Werrington County | Dunheved Road | NSW | 2747 |
| Westmead | Shop 13/163-171 Hawkesbury Road (Enter via Queens Road) | NSW | 2145 |
| West Wyalong | 113 Main Street | NSW | 2671 |
| Windsor | 177 George Street Windsor | NSW | 2756 |
| Wollongong | Shop 1/344 Crown Street | NSW | 2500 |
| Yass | 65 Lead Street | NSW | 2582 |
| Zetland | 2-4 Defries Avenue | NSW | 2017 |

| NT | | | |
|----------------|-------------------|-------|------|
| Suburb | Street | State | PC |
| Mobile Service | Call 1800 270 772 | NT | 0820 |

| QLD | | | |
|-------------------------|---|-------|------|
| Suburb | Street | State | PC |
| Aitkenvale (Townsville) | Shop 1, Centrepoint Shopping Centre, 272 Ross River Road | QLD | 4814 |
| Beerwah | | QLD | 4519 |
| Birkdale | Suite 22/Lvl 2/120 Birkdale Road | QLD | 4159 |
| Bundaberg | 3/33-35 Takalvan Street | QLD | 4670 |
| Cooroy | | QLD | 4563 |
| Eumundi | | QLD | 4562 |
| Gympie | | QLD | 4570 |
| Hervey Bay | | QLD | 4655 |
| Imbil | | QLD | 4570 |
| Ipswich | 106 Limestone Street | QLD | 4305 |
| Kingaroy | 159 Kingaroy Street | QLD | 4610 |
| Mackay | 171 Victoria Street | QLD | 4740 |
| Maleny | | QLD | 4552 |
| Maroochydore | | QLD | 4558 |
| Mooloolaba | | QLD | 4557 |
| Morayfield | Unit 12/70-86 Michael Ave | QLD | 4506 |
| Nambour | | QLD | 4560 |
| Newstead | Shop D, 142 Breakfast Creek Road | QLD | 4006 |
| Cairns | Chapman Court, Suite 4, 36 Grafton Street | QLD | 4870 |
| Pelican Waters | Pelican Waters Shopping Centre, 8/44 Pelican Waters Boulevard | QLD | 4551 |
| Rockhampton | Shop 2/100 Denham Street | QLD | 4700 |
| Southport | Shop 4A/253 Ferry Road | QLD | 4215 |
| Sunnybank | Suite 10/309 Mains Road | QLD | 4109 |
| Toowoomba | Suite 1, Medici Medical Centre, 15 Scott Street | QLD | 4350 |
| Warwick | 106 Palmerin Street | QLD | 4133 |
| Waterford West | Shop 4/42-48 Bourke Street | QLD | 4133 |
| West Burleigh | Unit 1/72 Township Drive | QLD | 4220 |
| Wondai | Wondai Family Medical Practice, 18 Mackenzie Street | QLD | 4606 |

| SA | | | |
|---------------|---|-------|------|
| Suburb | Street | State | PC |
| Broken Hill | Shop 4/5, Corner Gossan Street & South Road | NSW | 2880 |
| Gawler South | 16 Adelaide Road | SA | 5118 |
| Kent Town | 95 Fullarton Road | SA | 5067 |
| Morphett Vale | 255 Main South Road | SA | 5162 |
| Mount Gambier | 51 Commercial Street East | SA | 5290 |
| Port Lincoln | 43 Liverpool Street | SA | 5606 |
| Renmark | 10 Renmark Avenue | SA | 5341 |
| Salisbury | Suite 6/107, Salisbury Highway | SA | 5108 |
| Torrensview | 152-154 Henley Beach Road | SA | 5031 |
| Unley | 2-3/402 Unley Road | SA | 5061 |
| Walleroo | 45 Owen Terrace | SA | 5556 |

| TAS | | | |
|------------|--------------------------|-------|------|
| Address | Street | State | PC |
| Devonport | 157 William Street | TAS | 7310 |
| Launceston | 2/49-51 Elizabeth Street | TAS | 7250 |

| VIC | | | |
|------------|---|-------|------|
| Suburb | Address | State | PC |
| Albury | Gardens Medical Centre, Level 4/470 Wodonga Place | NSW | 2640 |
| Deer Park | TerryWhite Chemmart, Cnr Neale & Station Roads | VIC | 3023 |
| Eltham | Thompsons Pharmacy, 962-964 Main Road | VIC | 3095 |
| Richmond | 135 Burnley Street | VIC | 3121 |
| Rosebud | TerryWhite Chemmart, 3 Boneo Road | VIC | 3939 |
| Sale | Raymond St Pharmacy, Shop 3/398-424 Raymond Street | VIC | 3850 |
| Wantirna | South Priceline Pharmacy Westfield Knox Shopping Centre | VIC | 3152 |
| | 425 Burwood Hwy | | |
| Yarraville | Carnovale Sleep Clinic 193 Williamstown Road | VIC | 3013 |

| WA | | | |
|-------------|---|-------|------|
| Suburb | Street | State | PC |
| Baldvis | Room 3/Suite 4/52 Goulburn Road | WA | 6171 |
| Busselton | 53 Bussell Highway | WA | 6280 |
| Greenfields | Southern Specialist Centre, Unit 5/5 Murdoch Drive | WA | 6210 |
| Joondalup | 3/200 Winton Road | WA | 6027 |
| Kalgoorlie | Wizard Pharmacy Kalgoorlie Central, 205 Hannan Street | WA | 6430 |
| Maddington | Unit 3, 201 - 205 Burslem Drive | WA | 6109 |
| Nedlands | 2/47 Stirling Highway | WA | 6009 |
| Palmyra | 2 Antony Street | WA | 6157 |

- Step 1** Make sure that referral has been fully completed
- Step 2** Send referral by fax or email to the following address: sleepstudy@airliquide.com
- Step 3** ALH will contact you within 5 working days to book your sleep study

Stamp

For enquiries and bookings please contact: **Ph: 1800 270 772**
F: 1800 270 779 E: sleepstudy@airliquide.com